



**The official**

# **CARBO LOAD DINNER**

**Of the Long Beach ICB Marathon  
Saturday, Oct. 8th, 5-7:30 p.m.**

**Come join us in our fabulous Italian Piazza-Style Patio  
for a *Mamma Mia* Carbo Load Feast!**

**\$16<sup>99</sup> All You Can  
Eat Buffet**

- Garden Salad
- An assortment of traditional & gourmet Pizza Appetizers
- Farfalle Alfredo w/Chicken & Broccoli
- Penne Arrabbiata w/ Mushroom
- Baked Rigatoni Al Forno
- Ziti w/ Sundried Tomato & Mushroom
- Unlimited Soft Drinks, Iced Tea, Lemonade



**250 W. Ocean Blvd.** (Ground floor of the Camden Bldg.)

Walking distance from Hyatt & other Downtown hotels. Free validated parking

**Call early for reservations: 562.432.2211**

Express checkout: A 15% gratuity will be added to your bill, no additional tipping required.